AVA Summit
Christian Vegan Activism
Renee King-Sonnen
Founder & Exec Director of Rowdy Girl Sanctuary
INTRODUCTION

- Modeling the new Earth through Christian vegan activism.
- The necessity of **mercy**, **compassion**, and **reverence** for God's creation.
Eden was Vegan

Genesis 1:29

"Then God said, 'I give you every seed-bearing plant on the face of the whole earth and every tree that has fruit with seed in it. They will be yours for food.'"

Commentary: God's provision and the original vegan diet for mankind.
God Abhors Sacrifices & is Sick of It
Isaiah 1:11-17

"The multitude of your sacrifices—what are they to me? I have more than enough of burnt offerings, of rams and the fat of fattened animals; I have no pleasure in the blood of bulls and lambs and goats."

Commentary: God's dissatisfaction with empty religious rituals and the call for compassion towards all of God's creation.
"Surely the fate of human beings is like that of the animals; the same fate awaits them both: As one dies, so dies the other. All have the same breath; humans have no advantage over animals. Everything is meaningless."

Commentary: The shared mortality and equality between humans and animals.
"The rabble with them began to crave other food, and again the Israelites started wailing..."

*Commentary*: The discontent of the Israelites for meat during their journey in the wilderness.
Israelites Craved Meat instead of Manna & Died
Numbers 11:31-34

"Now a wind went out from the LORD and drove quail in from the Red Sea..."

Commentary: God's response to the Israelites' craving for meat and the consequences that followed.
Forgiveness and No More Sacrifice
Hebrews 10:18

"And where these have been forgiven, sacrifice for sin is no longer necessary."

Commentary: This verse highlights the significance of forgiveness through Jesus Christ, which renders the need for animal sacrifices obsolete. It emphasizes the transformative power of Christ's sacrifice and the freedom it brings from the burden of sin and sacrificial rituals.
Put Off Old Self to Be Made New
Ephesians 4:22-24

“You were taught, with regard to your former way of life, to put off your old self…”

Commentary: Embracing a vegan lifestyle aligns with the principles of righteousness, holiness, and transformation in Christ.
Love with Actions & Truth
John 3:18

"Dear children, let us not love with words or speech but with actions and in truth."

Commentary: Demonstrating love through actions, including compassion towards animals.
10 Verses Promoting Reverence for God's Creations (NIV)

1. Genesis 1:31: "God saw all that he had made, and it was very good."
2. Genesis 2:15: "The Lord God took the man and put him in the Garden of Eden to work it and take care of it."
3. Proverbs 12:10: "The righteous care for the needs of their animals, but the kindest acts of the wicked are cruel."
4. Psalm 24:1: "The earth is the Lord's, and everything in it, the world, and all who live in it."
5. Psalm 104:24-25: "How many are your works, Lord! In wisdom you made them all; the earth is full of your creatures."
6. Isaiah 66:3: “But whoever sacrifices a bull is like one who kills a person.”
10 Verses Promoting Reverence for God's Creations (cont.)

7. *Proverbs 27:23*: "Be sure you know the condition of your flocks, give careful attention to your herds."

8. *Isaiah 11:6*: "The wolf will live with the lamb, the leopard will lie down with the goat, the calf and the lion and the yearling together; and a little child will lead them."

9. *Job 12:7-10*: "But ask the animals, and they will teach you, or the birds in the sky, and they will tell you..."

10. *Revelation 5:13*: "Then I heard every creature in heaven and on earth and under the earth and on the sea, and all that is in them, saying: 'To him who sits on the throne and to the Lamb be praise and honor and glory and power, for ever and ever!'"
Conclusion

Christian vegan activism reflects God's original plan for justice, compassion, reverence, and stewardship of all creation.

Embracing veganism is the only ethical way back to a compassionate and just world where the rights of animals are brought into balance of God’s grand design. ~ rksonnen
Recommendations for Further Research & Study
“Diary of A Cattle Rancher’s Wife” Comes out October 2nd!