

Ways to Support the Sanctuary



Make a Donation

Every donation matters—and every dollar helps us give rescued farm animals the lives they deserve. Larger gifts fuel big projects, like our annual Hay Drive, building the stateof-the-art Medical Treatment Facility, and supporting other capital campaigns that secure lasting safety, comfort, and care. Smaller one-time donations are just as vital. giving us the ability to cover daily needs—nutritious food, clean shelter, veterinary care and supplies—everything that makes a real difference in their everyday lives.



Become a Member

Rowdy Club Members are the heartbeat of our sanctuary. Your monthly support fuels the everyday work of caring for our rescued farm animals and allows us to stay focused on our mission to end animal agriculture. There's nothing better than the security of knowing donations are coming in each month—covering everything from veterinary care and daily feed to ensuring we have the dedicated staff needed to provide the very best for our residents.



Leave a Legacy Gift

Your legacy can create lasting change for farmed animals. A very special donor has pledged \$250 for every estate commitment—up to 1,000 donors—turning individual pledges into \$250,000 for animals in need. By including Rowdy Girl in your estate plans, your love and compassion will live on, ensuring future generations of farmed animals know safety instead of slaughter, compassion instead of cruelty.



Adopt an Animal

Animal sponsorships are a beautiful way for you to help Rowdy Girl provide lifelong love and care to our precious rescued farm animals. Your monthly or annual gift ensures they have nourishing food, safe shelter, and the best medical care. A virtual adoption is your heartfelt way of standing beside them—helping us do what many wish they could: provide lifelong sanctuary for farmed animals.



Volunteer

Volunteers are one of the driving forces behind Rowdy Girl Sanctuary. Every project we complete—big or small—depends on caring hands willing to pitch in. Whether you're part of a club or group looking to plan a volunteer day, or you'd like to come on your own, your time and energy make a powerful difference alongside our dedicated staff and rescued residents.







Tour the Sanctuary

There's nothing quite like meeting farm animals where they truly belong—safe, cherished, and free to be themselves. Our intimate tours offer more than a walk through the sanctuary; they're a heart-opening experience. You'll spend meaningful time with our residents, hear their rescue stories, and witness their unique personalities shine. Every visit is a chance to connect, learn, and be inspired by their lives.





The Rowdy Girl Story

"My husband wanted me to be a good rancher's wife. I bought a two-monthold calf for \$300 and named her Rowdy Girl, intending to raise her for slaughter. But that little calf led me down a rabbit hole, and I emerged on the other side as a vegan, filled with compassion for all sentient beings—even those who once ended up on my plate. The rest, as they say, is her-story."

~ Renee King-Sonnen







Renee King-Sonnen, a Houston native, was a city girl until she moved with her husband Tommy to their Angleton, Texas ranch in 2009. Falling in love with the farmed animals changed her life in ways she never expected. Watching baby calves being sent to the sale barn became unbearable, leading Renee to question the inherent cruelty of ranching.



On Halloween Day 2014, she decided she could no longer support the industry. Renee went vegan and dedicated herself to transforming the cattle ranch into a sanctuary for farmed animals. With guidance from leaders in the vegan movement and her unwavering determination, she turned what was once a beef cattle ranch into Rowdy Girl Sanctuary—the first documented ranch of its kind in the world to become a vegan sanctuary.



Since then, the Rowdy Girl story has grown beyond Texas, reaching audiences across America and around the globe. Their journey has been featured on CBS, NBC, ABC, Animal Planet, Vogue, Bon Appétit, Southwest, Vera, and countless newspapers and online platforms. The story is told powerfully in the feature-length documentary Rowdy Girl, which had its international debut at the prestigious Hot Docs Festival in Toronto in April 2023 and continues to screen worldwide. The film will be available for streaming on PBS in early 2026, bringing their story into homes across the nation.



Adding to the movement, Bloomsbury Publishing will release Renee's memoir, Rowdy Girl: Confessions of a Vegan Cattle Rancher, in October 2026—just in time for her 12th veganniversary. Both the book and the film ensure that the Rowdy Girl story will continue to inspire countless others, from ranching families to compassionate advocates everywhere.







January

Cinnamon, J.D., and Pearly—our beloved "3 Musketeers"—live peacefully in the sanctuary's special needs pasture. J.D. was once a prized Brahman stud until a broken leg ended his career. Cinnamon, a sterile Brahman, came from a 4H project. Pearly, rejected at birth, was found at five days old, destined to be shot in the head by her rancher. Want to meet them? Scan the QR to tour.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
December 2025	February			1	2	3
S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28			New Year's Day		
4	5	C	7	Vegan Pledge (Veganuary)	9	10
4	5	6	,	0	9	10
11	12	13	14	15	16	17
18	19 Martin Luther King Jr.'s Birthday	20	21	22	23	24
25		27	28	29	30	31





February

Before the sanctuary, Renee bottle-fed an orphaned calf named **Rowdy Girl**, purchased for \$300 at Tommy's urging. Through her, Renee saw all cows as sentient. Rowdy Girl became her vegan activist and the catalyst for Rowdy Girl Sanctuary in 2015. She birthed Lucky, Houdini, Stella, and Magic. *Adopt Rowdy Girl virtually—scan the QR to be her forever friend.*



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
First Day of Activist Appreciation Month						
8	9	10	11	12	13	14 Valentine's Day
15	16 President's Day	17	18	19	Rowdy Girl Sanctuary's 11th Birthday	21
National Justice for Animals Week	23	24	25	26	Renee King-Sonnen's Birthday	28
					S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	March S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31





March

Lulu, Ivy, and Lotus are potbelly pigs once owned by families hoping for piggy companionship. But potbellies need constant mental stimulation, daily enrichment, attention, and love—and without it, they can become unpredictable and frustrated. Our sweet girls were once cherished, but their needs became overwhelming, leaving surrender as the only option. Scan the QR to give them something special from our Amazon wish list!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
National Pig Day						
8	9	10	11	12	13	14
Daylight Savings Regins						
Daylight Savings Begins International Women's Day					National Sheep Day	
15	16	17	18	19	20	21
					Spring Equinox MeatOut Day	
22	22	St. Patrick's Day	25	26		20
22	23	24	25	26	27	28
			Renee & Tommy's Wedding			
29	30	31	Anniversary		Palamana	Marail 1
29	30	31			February Smtwtfs	April Smtwtfs
					1 2 3 4 5 6 7 8 9 10 11 12 13 14	1 2 3 4
					S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30
						26 27 28 29 30







Less than a year old, **Buddy** the lamb was destined for the "terminal show" at the Austin Rodeo, where animals are judged then sent to slaughter. His devastated family surrendered him to Rowdy Girl just one day before inevitable slaughter. Their daughter chose compassion—refusing to raise livestock again and giving up meat. Now Buddy lives freely, loved and safe, inspiring change. His new chapter is just beginning. Scan the QR to adopt him virtually.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31			April Fool's Day Passover Begins	2	3	4
5 Easter	6	7	8	9 Passover Ends	10 National Farm Animals Day	11
12	13	14	15	16	17	18
First Day of National Volunteer Week	20	21	22 Earth Day	23	24	25
26	27	28	29	National Animal Advocacy Day		May S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31







When Tommy and Renee were cattle ranchers, Panda's big horns terrified Renee—she even thought Panda was a bull, not knowing cows could have horns. Yet beneath her imposing look, Panda is a gentle, loving mother.

Born to Grey, who mysteriously vanished, Panda has known only this ranch. After losing many calves, her last baby, Dumpling, never left her side. Leave a legacy of love for Panda and her friends. Scan the QR to make your pledge.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
April S M T W T E S					1	2
S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30						Tanana Canana (a Mara
						Tommy Sonnen's Vegan Birthday
3	4	5	6	7	8	9
	International Respect for Chickens Day	Cinco De Mayo			International Donkey Day	
10	11	12	13	14	15	16
Mother's Day	18	19	20	21	22	23
17	10	19	20	21	22	23
24	25	26	27	28	29	30
	Memorial Day					
31						June
						S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30







Frosty, a purebred Texas Longhorn, came to us at just six months old, heartbroken and grieving for his mother. Like countless bull calves, his fate was almost certain—sold off, paraded in FFA or 4-H shows, and then slaughtered. Still nursing when he arrived, Frosty was spared. Today, calm and independent, his gentle yet commanding spirit shines like a star at the sanctuary. Be Frosty's virtual supporter. Scan the QR to adopt him online.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1	2	3	4	5	6
	First Day of Pride Month				World Environment Day	
7 National Animal Rights Day	8	9	10	11	12	13
14	First Day of Animal Rights Awareness Week	16	17 Eat Your Vegetables Day	18	19 Juneteenth	20
Father's Day Summer Solstice	22	23	24	25	26	27
28	29	30 Last Day of Pride Month				July S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31







Eeshan was minutes from slaughter in a Houston halal facility, one goat among many who wouldn't survive. When activists Eesha and Richard arrived, he walked straight to them—like he knew it was his chance. When they returned, he did it again, and they couldn't leave without him. With their help, Eeshan was freed. Once spray-painted property, he's now safe at Rowdy Girl Sanctuary with nine goat siblings. *See Eeshan's journey by scanning the QR for photos!*



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
June S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30			1	2	3	4 Independence Day
5	6	7	8	9	10	11
12	13	14 Cow Appreciation Day	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	August S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31







Surprise has only ever known love and safety. Born to White Spot, one of our original herd, he got his name when Renee nearly stepped on him just after birth and exclaimed, "Surprise!" He and his mom are inseparable, showing how cows, like humans, are deeply family and community oriented. A big boy with a playful spirit, Surprise inspires joy. *Help animals like him—scan the QR to volunteer at Rowdy Girl Sanctuary*.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
July S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21 World Goat Day	22
23	24	25	26	27	Rainbow Bridge Remembrance Day	29 Tommy Sonnen's Birthday
30	31					September S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30





September

Buster came to Rowdy Girl Sanctuary through a Texas rancher who found him weak and near death during the 2021 Texas Freeze, unable to bond with his mother. Nurtured back to health, he inspired a bond too strong to break. Choosing compassion, the rancher spared him from auction. Now safe, Buster awaits loving support—scan the QR to virtually adopt him!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		1	2	3	4	5
6	7 Labor Day	8	9	10	11 Patriot Day	12
13	14	15	16	17	18	19
20	21 International Day of Peace	22	23 Autumn Equinox	24	25	26 International Rabbit Day
27	28	29	30			October S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31





October

Magic, Rowdy Girl's third-born daughter, has only ever known a life of love with her family—mom, dad Frosty, and siblings Lucky, Houdini, and Stella. A true rowdy rebel, she once slipped onto a neighboring 600-acre cattle ranch during a roundup but was found just in time. Meet the original herd—scan the QR to see all the photos!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
September S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	November S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30			1	World Farm Animals Day (Mahatma Gandhi's Birthday)	ω
4	5	6	7	8	9	10
11	12 Indigenous Peoples' Day	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	Halloween Renee King-Sonnen's Vegan Birthday





November

Pedro, a bantam rooster, may be tiny, but he's a proud and protective guardian of his girls—and one of the most delightful beings you could meet.

Lucky to be alive, he was found tied to a fence with a shoelace in a busy neighborhood. Support Pedro and all our rescues—scan the QR to give today!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
World Vegan Day Daylight Savings Time Ends		Election Day				
8	9	10	11	12	13	14
15 National Philanthropy Day	16	17	Veterans Day 18	19	20	21
22	23	24	25	26 Thanksgiving Day	27	28
29	30				October S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	December S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31





December

Wrinkly, also known as Oliver, is the son of Freckles, who was rescued from a backyard slaughterhouse in Florida. His nickname comes from the wrinkles on his face. Friendly and docile, Wrinkly loves neck scratches and is first to slobber a welcome. Everyone should meet a steer like him—he's truly special. Share holiday cheer with our animals—scan the QR to donate today!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
November S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30		1 Giving Tuesday	2	3	4	5
6	7	8	9	10 International Animal Rights Day	11	12
13	14	15	16	17	18	19
20	21 Winter Solstice	22	23	24 Christmas Eve	25 Christmas	26
27	28	29	30	31 New Year's Eve		January 2027 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

























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