

# RENEE KING-SONNEN

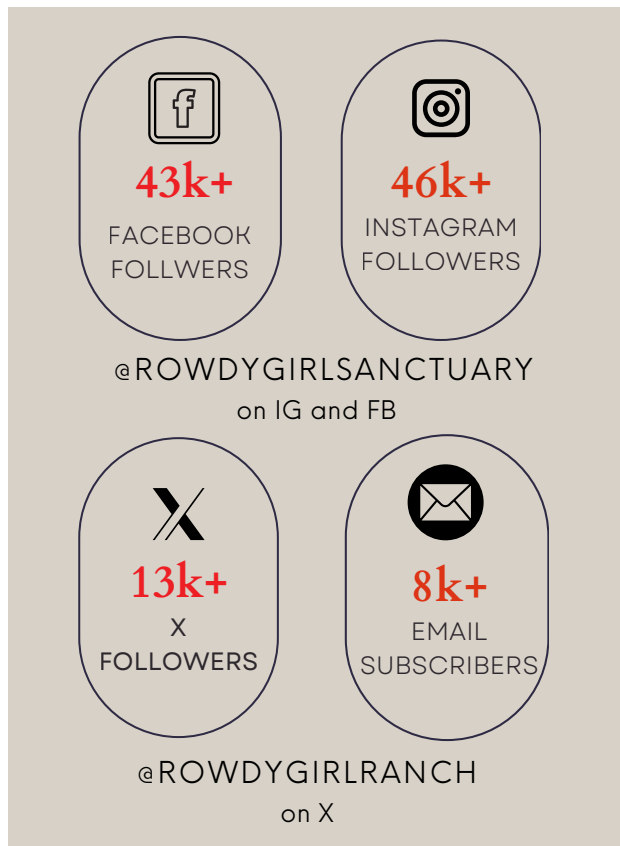
## FOUNDER AND EXECUTIVE DIRECTOR OF ROWDY GIRL SANCTUARY

Renee King-Sonnen, Founder and Exec. Director of Rowdy Girl Sanctuary, has been at the forefront of animal rights activism internationally ever since she rescued her husband's Texas herd from slaughter. She tells their story of former Texas cattle ranchers turned vegan at VegFests, conferences, animal rights rallies, and vegan celebrity events. Their story went viral on CBS Evening News in 2016, which launched an international following and fanbase that propelled Rowdy Girl into the forefront of the Animal Rights Movement. In 2016, Renee won the VegNews prestigious "Vegan Rookie of the Year" Award. No longer a rookie, her voice can be heard on podcasts, news stories, documentaries, and magazine interviews all over the world.



AS SEEN IN *VARIETY* **abc** NEWS **VOGUE** bon appétit

### RGS STATISTICS



### SIGNATURE TOPICS

- The journey from Texas cattle rancher to vegan animal rights activist
- The story behind Rowdy Girl Sanctuary
- The impact that factory farming has on our health and the environment
- Drug and alcohol addiction and recovery
- Best ways to support animal rights activism
- Vegan food options
- Spirituality & Religion

### MEDIA CONTACT

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